

Kate C. Riera

kriera@udel.edu

Education

- Ph.D. Family Science, University of Maryland, College Park, MD
Undergraduate Teaching and Learning Program Certificate, Center for Teaching Excellence
- M.S. Ed. Psychological Services, University of Pennsylvania, Philadelphia, PA
- B.A. Psychology and Spanish, Education Concentration, Muhlenberg College, Allentown, PA
Summa Cum Laude, Study Abroad in Seville, Spain

Professional/Academic Experience

- 2022-present Assistant Professor, Department of Human Development and Family Sciences, University of Delaware, Newark, DE
- 2011-2022 Adjunct Faculty, Department of Human Development and Family Sciences, University of Delaware, Newark, DE
Instruct upper level undergraduate and graduate courses. Additionally, guest lecture and assist in course management for multiple departmental courses with enrollment up to 300.
- 2014-2017 Researcher, Department of Human Development and Family Sciences, Delaware Institute for Excellence in Early Childhood, University of Delaware, Newark, DE
Conducted Spanish language home visits including administering developmental assessments, interviews, and data collection. The Starting at Home study examined stress buffering in an at-risk population of both English and Spanish speaking families with young children.
- 2011-2013 Faculty Extension Assistant, Food Stamp Nutrition Education Project, Department of Family Science, University of Maryland, College Park, MD
Conducted bilingual qualitative coding and data analysis on food insecurity among Latino immigrants. Assisted in manuscript preparation.
- 2008-2010 Graduate Instructor, Department of Family Science, University of Maryland, College Park, MD
Instructed upper level undergraduate course Children in Families, focusing on child development in a family context. Prepared lectures, designed assessments, and managed all aspects of course facilitation, delivery, and

evaluation of student learning for up to 65 students. Directed and mentored three undergraduate teaching assistants. Trained new doctoral level graduate instructors.

- 2009 Summer Research Assistant, The Nutrition Literacy Study, Department of Family Science, University of Maryland, College Park, MD.
Translated study materials and qualitative protocol into Spanish language. Conducted qualitative interviews with Spanish speaking food stamp eligible individuals. Translated and transcribed Spanish interviews into English.
- 2007 & 2008 Summer Research Assistant, Food Stamp Nutrition Education Project, Department of Family Science, University of Maryland, College Park, MD.
Participated in ongoing research projects aimed at better understanding and increasing children's fruit and vegetable consumption from a family and community perspective.
- 2006-2007 Teaching Assistant, Department of Family Science, University of Maryland, College Park, MD.
Assisted in the facilitation, teaching, and management of upper-level Family Science course, Family Theories and Patterns. One section in Fall 2006 and two sections in Spring 2007. Prepared curriculum and materials for teaching Family Science course Children in Families.
- 2006 Research Assistant, National Center on Fathers and Families, University of Pennsylvania, Philadelphia, PA.
Conducted interdisciplinary policy research to expand the knowledge base on father involvement and family development. Conducted qualitative research on incarcerated fathers and their children.
- 2005 Adjunct Instructor, Camden County College, Blackwood, NJ.
- 2005 Adjunct Instructor, Rowan College at Burlington County, Pemberton, NJ.
- 2004 Student Assistance Counselor, Genesis Counseling Center, Collingswood, NJ.
Provided counseling and assistance to K-8th grade students within individual, group, and classroom settings. Conducted group counseling on Anger Management with diverse high school population of 60+ at-risk students.
- 2002-2003 Intern ESL Instructor, English Learning Center, Drexel University, Philadelphia, PA.
- 2002-2003 Program Coordinator, Offices of Continuing Education & Admissions,

Graduate School of Education, University of Pennsylvania, Philadelphia, PA.

Provided administrative support to daily operations of both offices. Acted as resource for prospective graduate students seeking information about GSE curriculum and degree programs.

2002

Research Assistant, Graduate School of Education, University of Pennsylvania, Philadelphia, PA.

Conducted national grant sponsored qualitative research investigating the prevalence and impact of child exposure to domestic violence. Assisted in data collection with law enforcement agencies to evaluate and enhance protocol and improve outcomes of children exposed to domestic violence incidents.

2001-2002

Primary Therapist Intern, Kirkbride Center: A Better Way Treatment Program, Philadelphia, PA.

Counseled intensive inpatient drug and alcohol population on individual and group level. Administered assessments and create individualized treatment plans for dual diagnosis urban population with substance addictions and co-occurring mental disorders. Planned and implemented specialized therapy groups, as well as deliver crisis intervention.

College/University Teaching Experience

University of Delaware

HDFS 201 Life Span Development (Fall 2015, Winter 2020, Summer 2021)

HDFS 270 Families & Developmental Disabilities (Fall 2018, Fall 2019)

HDFS 329 Adolescent Development, (Fall 2011, Spring 2011, Fall 2012, Spring 2012, Fall 2013, Spring 2013, Spring 2020)

HDFS 330 Mentor & Helping Relationships
(Spring 2016, Spring 2017, Fall 2021, Spring 2022)

HDFS 366 Independent Study (Spring 2022)

HDFS 346 Counseling in Human Services (Fall 2017)

HDFS 402 Child & Family Policy (Spring 2012)

HDFS 470 Families & Children at Risk (Spring 2022)

HDFS 637 Program Planning, Assessment & Development (Spring 2014)

UNIV 101 First Year Experience (Fall 2021, Fall 2022)

University of Maryland, College Park

FMSC 332 Children in Families
(Fall 2008, Spring 2008, Fall 2009, Spring 2009, Fall 2010, Spring 2010)

FMSC 330 Family Theories & Patterns
(Graduate Teaching Assistant, Fall 2006, Spring 2007)

Camden County College

PSY 101 Basic Psychology (Fall 2005)

PSY 102 Psychology of Personality & Adjustment (Fall 2005)

Rowan College at Burlington County

PSY 101 Introduction to Psychology (Summer 2005)

Publications

Munger, A., Stevenson, T., Speirs, K., **Riera, K.**, & Grutzmacher, S. (2014, November). More than just not enough: Experiences of food insecurity for Latino immigrants. *Journal of Immigrant and Minority Health*.

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Presentations

Lloyd, T., Speirs, K., **Riera, K.**, Munger, A., Grutzmacher, S. (2012, November). More than Just “Not Enough”: Latino Immigrants’ Food Insecurity Experiences. Paper presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.

Riera, K. & Hofferth, S. (2011, November). Partner Social Support and Outcomes of an Early Birth. Paper presented at the National Council on Family Relations Annual Conference, Orlando, FL.

Riera, K. & Hofferth, S. (2011, October). Social Support and Outcomes of an Early Birth. Paper presented at the American Association of Public Health Annual Conference, Washington, DC.

Riera, K., Evans, L., Berger, A., Singer, B., & Maring, E. (2011, June). Let’s Work Together: Advancing Active Learning (and Teaching!) through a Community of Practice. Workshop presented at the Lilly East Conference on University and College Teaching and Learning, Bethesda, MD.

Maring, E., Berger, A., Cook, E., Evans, L., **Riera, K.**, Braun, B. (2010, October). Healthy Lifestyles in Children’s Literature. Poster presented at the School of Public Health Research Interaction Day at the University of Maryland, College Park, MD.

Riera, K. & Speirs, K. (2010, June). Creating a Community of Peer Support for Graduate Teaching Assistants. Roundtable presented at the Lilly-East Conference on University and College Teaching and Learning, Washington, DC.

Riera, K. & Wenzel, S. (2010, March). Using Data to Inform Adolescent Health Programs and Policies. Workshop presented at the Association of Maternal and Child Health Programs Annual Conference, National Harbor, MD.

Riera, K. & Hofferth, S. (2009, November). Young Maternal Age and Infant Mortality: Are Young Adolescents at the Highest Risk? Poster presented at the American Public Health Association Annual Meeting, Philadelphia, PA.

Grutzmacher, S., Messina, L., Speirs, K., Stevenson, T., Fanflick, P., Eberhart, A., Evans, L., Rose, P., Juzaitis, L., Lachenmayr, L., **Riera, K.**, Kifer, A., & Kostenko, J. (2009, September). The Nutrition Literacy Study: Examining Nutrition Knowledge, Attitudes, Skills, and Behaviors among SNAP-Eligible Families. Poster presented at School of Public Health Research Interaction Day at the University of Maryland, College Park, MD.

Riera, K. & Hofferth, S. (2009, September). Young Maternal Age and Infant Mortality. Poster presented at the School of Public Health Research Interaction Day at the University of Maryland, College Park, MD.

Riera, K. & Hofferth, S. (2009, April). Young Maternal Age and Infant Mortality. Poster presented at the Graduate Research Interaction Day at the University of Maryland, College Park, MD.

Riera, K., Koblinsky, S., & Anderson, E. (2009, April). Implementation and Impact of a Preparing Future Faculty Program. Poster presented at the Lilly-East Conference on College and University Teaching, Newark, DE.

Vesely, C., Fitzgerald, M., **Riera, K.** & Jones, N. B. (2008, November). Using Secondary Data in Family Research. Session presented at the National Council on Family Relations Conference, Little Rock, AR.

Riera, K., LaTaillade, J. & Leslie, L. (2008, November). The Impact of Discrimination on Relationship Quality in Interracial Couples: Do Racial Identity and Multicultural Experience Moderate the Effects? Poster presented at the National Council on Family Relations Conference, Little Rock, AR.

Braun, B. Gross, S. & **Riera, K.** (2008, October). Effects on Changing Taste Preference on Fruit and Vegetable Consumption among Fourth Grade Students. Poster presented at School of Public Health Research Interaction Day at the University of Maryland, College Park, MD.

Riera, K. (2008, April). Effective Prevention Programs Addressing Secondary Adolescent Pregnancy. Poster Presented at Graduate Research Interaction Day at the University of Maryland, College Park, MD.

Riera, K. & Speirs, K. (2007, October). Children's Health: Obesity and Fruit and Vegetable Consumption. Poster presented at College Research Interaction Day at the University of Maryland.

Invited Speaker

2017, 2019, 2021 Middle East Partnership Initiative (MEPI), Effective Communication &

Cross-Cultural Interactions. University of Delaware, Newark, DE.

Service and Activities

- 2021-2022 Women's Ministry Director, Cornerstone Presbyterian Church, Landenberg, PA
2014-2019 Volunteer ESL Teacher and Program Director, Cornerstone Presbyterian Church, Landenberg, PA
2009-2013 Conference Proposal Reviewer, Family Health Section, National Council on Family Relations
2009-2012 Conference Proposal Reviewer, Maternal and Child Health Section, American Association of Public Health
2008-2011 Graduate Student Research Affiliate, Maryland Population Research Center, University of Maryland
2009-2010 Graduate Student Liaison for Awards and Recognition Committee, American Association of Family and Consumer Sciences
2009-2010 Co-coordinator of Peer Teaching Support Group, Department of Family Science
2008-2009 Coordinator of Preparing Future Faculty and Family Professionals Program (PFFFP), Department of Family Science
2008-2010 Member of the President's Commission on Women's Issues, University of Maryland
2008-2010 Undergraduate Teaching and Learning Program, Center for Teaching Excellence
2007-2010 Faculty Representative, Academic Honor Review Boards, Office of Student Conduct
2007-2008 Marketing and Finances Coordinator for Maryland Council of Family Relations
2007 Grant Reviewer, Rural Maryland Council and Annie E. Casey Foundation
2001 Psi Chi, Secretary and member of executive board
2000 Volunteer ESL Teacher, Centro Norte Americano, Seville, Spain
1998-1999 Volunteer Counselor, Lehigh Valley Crisis Pregnancy Center, Allentown, PA
1998 Volunteer ESL Teacher, Hispanic American Organization, Allentown, PA

Awards and Honors

- 2011 Greg Alexander Outstanding Student Paper Award, American Association of Public Health
2010 Completion of the Department of Family Science Preparing Future Faculty and Family Professionals Program
2010 Completion of the Center for Teaching Excellence University Teaching and Learning Program
2010 Center for Teaching Excellence Lilly-East Conference Travel Grant
2009 USA Funds Access to Education Scholarship
2009 Datatel Scholars Foundation Scholarship

- 2009 Distinguished Teaching Assistant Award, Center for Teaching Excellence
- 2009 Awarded 2nd Place Prize for Presentation in Health Category, Graduate Research Interaction Day
- 2009 Center for Teaching Excellence Lilly-East Conference Travel Grant
- 2008 Teaching Assistant Development Grant, Center for Teaching Excellence Grant of \$1900 awarded for Peer Support Program for Family Science Graduate Student Teaching Assistants
- 2008 Golden Key International Honour Society
- 2008 American Association of Family and Consumer Sciences Jewell L. Taylor National Graduate Fellowship
- 2008 Maryland Association of Family and Consumer Sciences Mary Faulkner Scholarship Award
- 2007 University Systems of Maryland Women's Forum Scholarship Award
- 2007 Phi Upsilon Omicron, Family and Consumer Sciences Honor Society
- 2002 University of Pennsylvania, Graduate School of Education Scholarship
- 2001 National Pathfinders Scholarship Award
- 2001 Women's Global Ministries Scholarship Award
- 2000 Gift of Hope Leadership Scholarship Award
- 2000 Foundation for Theological Education Fellowship
- 2000 Phi Beta Kappa, Omicron Delta Kappa, Psi Chi, Phi Sigma Iota, Undergraduate Honor Societies

Language Skills

Proficiency in spoken and written communications in Spanish.

Professional Memberships

- 2007-2013, 2022 National Council on Family Relations
- 2022 Family Science Association
- 2009-2012 American Public Health Association
- 2007-2009 American Association of Family and Consumer Sciences